



## Care and Medication for Infants with Heart Disease at Home (III)

### 心臟病嬰居家照護用藥須知 (三) (英文)

When infants have the following symptoms of heart failure : fast heartbeat, shortness of breath, lower urine output and edema, night sweats, cession of growth and difficulty with feeding, weak pulse, mottled skin on extremities, the infants must be brought back to the hospital immediately for examination.

#### Guidelines for Use of Digitalis

- At 9 am / \_\_\_\_ / \_\_\_\_ every morning, feed the infants with digitalis before feeding the milk. Avoid taking the medicine with milk or other food.
- Measure the apical pulse for one minute before taking the medicine. For infants with less than 100 times/minute for infants ( under 1 year old ) or 80 times/minute for young children ( 1 year old or above ), please suspend the medication and bring the infants or young children back to the hospital for examination immediately.
- Draw with 1 c.c empty syringe and drip into the mouth from the side of the mouth.
- Do not feed the medicine if it is 6 hours past the medication time. Only feed the medicine on the next medication time. Return to the hospital for revisit if the medication has been missed twice.
- If the infants spill out the medicine in 5 ~10 minutes of medication, administer the medicine again. If the infants only

vomit after 10 minutes from medication, do not administer the medicine again.

- Never change the dosage and time of medicine without physician advice.
- Store the medicine in safe place where children have no access.
- If infants show poor appetite, nausea, vomiting, diarrhea, 畏光 blurry vision, slow heartbeat, low pulse, and arrhythmia, take the infants back to the hospital immediately.

### Guidelines for Use of Diuretics

- At 9am / \_\_\_\_\_ / \_\_\_\_\_ every morning, feed the infants with medicine before feeding the milk. Draw the oral syrup with 1 c.c empty syringe and do not take the medicine with milk or other food.
- Draw with 1 cc empty syringe and drip into the mouth slowly from the side of the mouth.
- If the infants take of digitalis and diuretics at the same time, take them separately in 20 ~3 minutes apart.
- Store the medicine in safe place where children have no access.
- Pay attention to if the infants show signs of electrolyte imbalances such as poor appetite, dry mouth, thirst, fast heartbeat, gastrointestinal obstruction ( nausea, vomiting, and diarrhea ), restlessness, dizziness, weakness, fatigue, and cramps. Please notify the physician immediately upon discovery.

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若有任何疑問，請不吝與我們聯絡  
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